RESPECT  EXCELLENCE  TEAMWORK  CARE

23rd April 2015

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HEAT UPS

We need a parent helper each week to assist the senior students. If you can spare half an hour on a Thursday (12:30 pm), please add your name to our roster.

APRIL

30th Kathryn O'Connor
14th Seona Poynton
21st Seona Poynton
28th VACANT

MAY

11th VACANT
18th VACANT
25th VACANT

JUNE

4th VACANT
11th VACANT
18th VACANT
25th VACANT

Thank you to everyone who helped out last term!

IMPORTANT DATES TO REMEMBER

APRIL

Friday 24th Fete Coordinators Meeting, 9am
Monday 27th & Anzac Ceremony, Grade 5/6's
Tuesday 28th Life Education Van Visit

MAY

Friday 1st Fete Plant Stall Group Meeting
Monday 4th Golf, Grade 4, 5 & 6's
Thursday 7th May Race Day Holiday
Thursday 14th Playgroup
Monday 18th Finance Meeting
Tuesday 19th School Council Meeting
Thursday 21st Golf, Grade 4, 5 & 6's
Friday 22nd Walk To School/Healthy Breakfast

APRIL 30th Kathryn O'Connor
MAY 14th Seona Poynton
21st Seona Poynton
28th VACANT

KOROIT IRISH FESTIVAL

We only have 2 Shifts To Fill:

8.00am - 12noon
12noon - 4.00pm

Please contact Bek Hirst if you can help on 0429 198 365

Big thanks to those who have already put their names down, your time is much appreciated! If anyone has lemons they can donate please drop them off at school by Friday May 1st.

If any parents can spare half an hour on Friday 1st May after 1pm, there will be strawberries to cup up in preparation for the Saturday Pancake Shift. Many hands make light work!

The PFA are looking for expressions of interest in having a Shopping Day Bus Trip in Sept/Oct/Nov in time to get Christmas Shopping done. It would most likely be a Saturday. There will be a cost per person, the more who attend, the lower the cost. Please leave your name and phone number at the school office if you would be interested in attending.

Finally, last day of Term 2 the PFA will be providing pancakes for lunch to all students. Parent helpers will be needed from 12 noon to have lunch ready at 1.00pm. More details as the time draws closer.

HAPPY BIRTHDAY

Jessie Weis
25th April
Trey Clarke
27th April

PARENTS & FRIENDS ASSOCIATION
ALL FAMILIES ARE WELCOME TO JOIN US

ANZAC DAY SERVICES & CEREMONY
We will be holding an ANZAC Day Ceremony at the Woolsthorpe War memorial next Friday April 24th at 10.30am. This ceremony is run by the senior students and we have some special guests joining us. We invite all local community members and parents to come along and be part of this significant event and celebration of 100 years of ANZAC.

Dawn Service
On Saturday April 25th Miss Daly along with some students will be attending the Dawn service. This is optional for the grade 5/6 students but if you wanted to join them and take your children please let us know.

ANZAC DAY Service in Warrnambool
Our student leaders and staff will be marching and laying a wreath at the ANZAC day Service in Warrnambool on Saturday April 25th. We invite all students and families to join us in representing Woolsthorpe Primary School by marching together. We will meet at the corner of Koroi and Liebig Street at 10.30am (sharp), march down Liebig Street together where Josh Keen and Tessa Britnell will lay a wreath on behalf of our school.

LEARNING PROCESS
On Wednesday we had a visit from teachers at Heywood Primary School. The focus of the visit was to see how we use technology and our learning process here at the school. Student showcased their discovery learning and work on iPads. We shared our journey in the last few years when it comes to using our open learning spaces and designing our learning process. The feedback from the visitors was very positive and conformation that our staff are do an amazing job in making sure our teaching is innovative and engaging for all students.

LIFE EDUCATION VAN VISIT
As part of our drug and health education program the Life Education Van is visiting us next Monday and Tuesday, with focuses this year on the Body, Healthy Eating and Exercise, Safety in Public Places and Cyberwise. The cost of the program is covered by the school.

The Life ED program helps children to:
♣ build their awareness and understanding of the link between the choices they make and their short and longer term consequences
♣ value their safety and health and that of others
♣ develop attitudes that can prepare them to make safer and healthier choices and
♣ identify strategies and build confidence and skills that can help them to deal with peer and community pressure
If children come home with questions we see this as an opportunity to talk and have discussions as a family.

Harold will be at the school next Monday and Tuesday!

The Life Education Van Vision:
A lot has changed since Life Education started over 35 years ago, but our vision remains as strong a driving force as ever:

Generations of healthy young Australian’s living to their full potential

Respect Excellence Teamwork Care
STUDENT ACCIDENT INSURANCE
Parents are reminded that the Department does not provide personal accident insurance for students. Parents and guardians are responsible for paying the cost of medical treatment for injured students, including any transport costs. Student accident insurance policies are available from some commercial insurers. These cover a range of medical expenses not covered by Medicare or private health insurance. Ambulance cover is something that needs to be considered. Our policy is that an ambulance will be called when injury is deemed serious.

ONLINE SAFETY
The internet and digital technologies are now part of life. The internet offers exciting new opportunities to engage students and young people in new ways of learning. As a school we teach students how to stay safe online and what appropriate behaviours are. We talk about accessing appropriate sites and information. Students learn what to do if they come across inappropriate things.

Parents and families also play a vital role in helping their children use the internet safely at home. We ask that you are always monitoring and talking with your children about online safety and using the internet appropriately. Once off talks DO NOT WORK! Ongoing talks and open discussions are vital in all families about how we use the internet use and monitor internet usage. Below are some resources for all parents to help you have these important talks. If you want hard copies we can print these off at school.

CYBER SAFE GUIDES FOR PARENTS
These resources are aimed to help families talk and discuss issues around online behaviours, teens and technology, messaging & sexting, online games, digital reputations, social media, online worlds, Snapchat etc.

cyber Smart: Your guide to online safety

PDF/Print

Follow Us on
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W- http://woolsthorpeps.global2.vic.edu.au

Simon Perry | Principal | Woolsthorpe Primary School
Respect Excellence Care Teamwork

ANZAC EDUCATION
A big thank you to the Richardson family for sharing some of their war artefacts with our students this week.
Try these tips for making sure their lunch box packs a few surprises as well as a healthy, nourishing meal in the middle of the day:
As well as something to drink, a healthy packed lunch should contain:
- Offer a variety of foods throughout the week
- Make sure food looks good as well as tastes good by adding different colours and textures: baby sweet corn, sliced red capsicum, carrots and cucumber.
- Always include a drink in the lunch box to make sure they get enough fluid. Water is the best choice.
- Make sweet stuff such as chocolate, biscuits and cakes an occasional treat rather than everyday items.
- One portion of vegetables or salad and one portion of fruit (fresh, canned or dried can all count)
- One portion of a milk or dairy item such as low fat milk, cheese, yoghurt, fromage frais or a yoghurt drink
- One portion of lean meat, chicken, fish, eggs, beans or other protein source
- One portion of a carbohydrate rich food, such as bread, pasta, rice, noodles or potatoes

**FETE PLANT STALL GROUP MEETING**
Friday 1st May
2:30pm
AT SCHOOL

If you have anything that you would like included in our school newsletter please forward them to Tracey at ttaylor2601@gmail.com
By Wednesday at 11am
Thank You

10 % goes to the School for any jobs booked through this advertisement - so don’t forget to mention our newsletter ad!

**RESPECT EXCELLENCE TEAMWORK CARE**
**The circus is in town……**

Some of our students have been lucky enough to see the Circus, check out what they thought.

Silver Circus is in Warrnambool until the 3rd May.

Last night we went to see Silver’s Circus. It was awesome! I liked when the performers ran around the Wheel Of Steel. They got right to the roof and it was scary! They are really brave! We go to meet all the performers after the show, they were amazing!

Ash Keen, Grade 5

I thought the Circus was amazing. My favourite was Rosita Gasser who did the Roman Rings! She was so strong!

Charlotte Noonan, Grade 4

I thought the Circus was good. My favourite part was the acrobatics. I liked Roita, when was on the rings and Gypsy who was really awesome the LOTS of Hula Hoops!

Emily Spooner, Grade Prep

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**Koroit Netta**

**By Stacey O’Sullivan**

Teaching the fundamentals of Netball

Vic Park Sunday mornings running alongside Koroit auskick

9.30am-10.30am (10weeks)

$5 per session pay as you go

Starts Sunday 19th April

(Ideal for grades prep – five)

Any questions ph: 0448581161

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**Interested in Playing Hockey**

(no experience necessary)

U9/U11 - Sat May 2,9,16,23 and 30 (9am-10am)

Registration Sat May 2nd at 8:30am ($60)

U13 - Wednesdays 4-6pm

Commencing April 29th

See website for more information:

hockeywarrnambool.org.au

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R e s p e c t  E x c e l l e n c e  T e a m w o r k  C a r e